

Kids' Shoe Fit Guide

U.S. sizes. Print on 8.5" x 11" paper, at 100% size.

Find your child's size

- Somehow or other, convince your child to stand on this paper with his or her heel against the **Place Heel Here** line. If you can get them to put their weight on the foot and relax their toes, even better.
- 2. Draw a line to mark the end of the longest toe. If your child is between sizes, round up.
- Repeat with the other foot. If one foot is longer than the other, choose the larger size. You might even want to round up to a slightly larger size to allow for growing feet.

Check the width

Place the instep of your child's **right** foot against the **Right instep here** line. If your child's foot is wider than the dotted line on the far right, you may need a wide (W) size.

Note: Actual shoe sizes may vary by brand.

Children's feet grow fast, measure about every three months.

Name: _____

Date: _____



